**Westerly Amateur Radio Support**

Date: Sunday, 10 September 2023

Events: 13.1 mile run from Misquamicut West to Watch Hill and back thru Misquamicut to Weekapaug and back to Misquamicut.

5K run from Misquamicut to Weekapaug Breachway and back Misquamicut

Location: Start – Westerly Wuskenau Town Beach, Atlantic Ave. Misquamicut, RI

Finish – Westerly Wuskenau Town Beach, Atlantic Ave. Misquamicut, RI

Net Control – 316 Atlantic Ave., Westerly, RI (Misquamicut Business Association lot)

Meet – Net Control

Schedule: 0530 – Net Control set up: Misquamicut Business Association, 316 Atlantic Ave, Westerly, RI 02891

0630 - Team Briefing (Staging Area at Net Control)

0710 - Atlantic Ave. and other roads Closed to vehicles

0715 – Race Line Up

0730 – Half Race Start (first wave)

0745 – 5K Race Start (first wave)

1100 - Race over (approximately)

Frequency: 147.315, + .6 MHz offset (CTCSS 110.9) (primary)

147.315 simplex (CTCSS 110.9) (secondary) (Repeater Output)

(Program your radios ahead of time and test if possible.)

Equipment: Mobile radio or a good HT with a good antenna or mag mount antenna for those on the course

 Cell Phone

Course Map and Information Sheet

Notebook & pen/pencil

ICS 214 Log

Safety Vest

Clothing appropriate for the weather

Our Primary concern is safety on the course, ours and the competitors. We need to wear safety vests on or near the road. If we are injured, we will not be of use to anyone. We will report injuries or illness to 911 if appropriate and then Net Control. Net control will report the information to the event coordinator and if needed contact 911. Bib numbers only on the radio.

**NOTE: There will be road closures. You need to arrive at the staging area early to avoid them.**